

Test for Insulin Medication Administration by Insulin Pen

Please circle the correct answer and give the completed test to the school nurse for scoring and to schedule hands-on training.

NAME _____ DATE _____ SCHOOL _____

1. When giving insulin by syringe, it is important to remember the following:

- a. You can use outdated insulin.
- b. The right dose is extremely important.
- c. Students should not be involved in their own care.
- d. It doesn't matter if the medication is given at the right time.

2. Which answer is correct regarding insulin administration?

- a. It's all right to have lots of bubbles in the syringe.
- b. Insulin is given into the subcutaneous tissue which is between the skin and the muscle, or more commonly called the fat tissue.
- c. It is not important to rotate the sites of injections.
- d. Shaking the vial hard helps to ensure the molecules of insulin are awake.

3. It is best practice to have a second person check the insulin dosage once drawn up.

- a. True
- b. False

4. Recap the syringe prior to placing in a sharps container.

- a. True
- b. False

5. What is the best sequence of steps for the administration of insulin by syringe?

- a. Check 5 Rights, wash hands, put on gloves, recheck 5 R's, wipe top of vial with alcohol, inject units of air equal to the units of insulin needed into vial, pull back plunger to get the exact units of insulin needed, cleanse area, inject.
- b. Gather supplies, pull back the plunger to the line with the correct number of units, check the bottle for expiration date, and clean the top of the bottle after you are done.
- c. Put on gloves, inject as much air as you can into the bottle and draw back whatever you can but only inject the number of units ordered.

Number correct: ____ of 5 answers