

Focus on FUN not FOOD – Healthy Birthday Celebration Guide

1. Bring in party napkins and cups that can be used at regular snack time
2. Child could bring in a favorite book for teacher to read to class
3. Families could give a gift to the class, such as a book (write an inscription inside), a toy for the play area or a game.
4. A donation to a worthy cause. Animal shelters and food pantry's are good for young kids to support.
5. Get a card from the class. All the students sign it saying what they like most about you.
6. Have birthday names read over the morning announcements.
7. Get a special sticker or crown to wear at school all day.
8. Have your parents provide a special craft for the class that day
9. Students could bring goody bags with school supplies
10. Wear a birthday t-shirt for all to sign and write special birthday messages
11. Happy Birthday pencils provided by the birthday student
12. Homemade slime in different colors as a craft
13. Line leader for the day
14. Ask the teacher if the birthday student can bring in a special movie to watch (or portion of the movie)
15. Get a special "recess pass" and the birthday student gets to choose a class-wide activity at recess
16. Be "VIP of the day": Have students bring in a timeline of their life, ask a guardian to come in to read to the class and have students interview the birthday students about their favorite things
17. Names read over morning announcements
18. Have the birthday student get to choose a "special day" on their birthday
 - a. Wacky hair day
 - b. Favorite book day
 - c. Pajama day
 - d. Team Spirit day
 - e. Princess/Super Hero day
19. Have a dance party and the birthday student gets to pick the song
20. Principal lunch or walk around the building (weather pending) or teacher's assistant for the day