

Hey Middle Schoolers!

You are invited to use the PHS Fitness Center!

How to get a FREE Fitness Center student membership:

If you or your family does NOT have a MyRec account, begin by using this QR code to create one:



Once your account is created, it will need to be approved by the Community Ed & Rec office. Then you can register for a free High School Fitness Center membership for the proper grade.

If you have a MyRec account, use this QR code to register for a free student Fitness Center membership:



There is no fee for the Middle School Fitness Center Membership, but you MUST have a membership to get the barcode you need to scan in each time you visit.

Once you have a membership, you can print your barcode or take a screenshot of it.

NOTE: The barcode will be yours going forward (though you will need to register each year for the proper grade).

- **Grade 8:** Students can use the facility independently (but are encouraged to ask the staff for assistance as appropriate).
- **Grade 7:** Students can use the facility independently once they have successfully completed an approved fitness training (i.e. Summer School fitness center class, Riverview Lifting class); otherwise they must be accompanied by a parent/guardian (who must have their own Fitness Center membership if they work out).
- **Grades 5-6:** Students must be accompanied by a parent/guardian (who must have their own Fitness Center membership if they work out).

NOTE: Middle-school students wishing to work out after school may ride any of the school buses from Riverview to PHS.

School-year hours: 5-7:30am & 3:30-7pm weekdays; 7-11am Saturdays