

Harvest of the Month is Broccoli!!

October 2018 Plymouth Riverview School

Parents/Guardians: Your student may qualify for a reduced or free price meal if your income falls within federal income chart limits. Visit the Plymouth's Website @ <http://www.plymouth.k12.wi.us> School Lunch Program on the left column

Lunch Prices: \$3.00
(Includes Choice of Skim, 1% or Skim Chocolate Milk)
Adult meal \$3.70
Reduced .40
Additional Milk .35

**Menu subject to change*

01

**Mini Corn Dogs
Pizza Rolls
Toasted Cheese Sandwich**

Fresh Salad Bar Daily
featuring: Fresh Baby Whole Carrots
Tropical Fruit Salad
Fresh Orange Wedges

02

**CheeseBurger
BLT Wrap
Chicken Patty Sandwich
Steamed Green Beans**

Fresh Salad Bar Daily
featuring: Fresh Cucumber Slices
Pears
Fresh Apple Slices

03

**Pepperoni Pizza
Soft Chicken Taco
Ham & Cheese Sand-
wich**

Brown Rice & Refried Beans
Steamed Corn

Fresh Salad Bar Daily
featuring: Celery Sticks
Peaches
Fresh Orange Wedges

04

**Chicken Strips
Cheese Calzone
Yogurt Parfait
Steamed Broccoli**

Fresh Salad Bar Daily
featuring: Fresh Cherry Tomatoes
Mixed Fruit
Fresh Fruit

05

**Pizza Dippers
Hero Sub
Steamed Mixed Vegetables
Tater Tots**

Fresh Salad Bar Daily
featuring: Fresh Pepper Strips
Applesauce
Fresh Banana

08

**Chicken Nuggets
Spaghetti & Meatballs w/garlic tst
Toasted Cheese Sandwich
Steamed Broccoli**

Fresh Salad Bar Daily
featuring: Fresh Cucumber Slices
Fresh Orange Wedges
Applesauce

09

**Stuffed Crust Pizza
Fish & Fries Basket
Chicken Patty Sandwich
Baked French Fries
Com**

Fresh Salad Bar Daily
featuring: Fresh Pepper Strips
Pears
Fresh Fruit

10

**Nacho's
Chicken Ranch Wrap
Ham & Cheese Sandwich
Brown Rice & Beans**

Fresh Salad Bar Daily
featuring: Fresh Baby Carrots
Fresh Apple Slices

11

**Hot Dog & Chips
Boscocs
Yogurt Parfait
Steamed Green Beans**

Fresh Salad Bar Daily
featuring: Cherry Tomatoes
Mixed Fruit
Fresh Banana

12

**Popcorn Chicken
Toasted Turkey/Bacon Sub
Roasted Carrots**

Fresh Salad Bar Daily
featuring: Fresh Celery Sticks
Marinated Brussel Sprout Salad
Mandarin Oranges

15

**Wild Mike's Pizza
Chicken Drumstick w/ Breadstick
Toasted Cheese Sandwich
Steamed Broccoli**

Fresh Salad Bar Daily
featuring: Fresh Carrot Sticks
Cran Apple Spinach Salad
Fresh Orange Wedges

16

**Meatballs & Gravy w/Roll
BLT Wrap
Chicken Patty Sandwich
Mixed Veggies
Mashed Potatoes**

Fresh Salad Bar Daily
featuring: Cherry Tomatoes
Applesauce
Fresh Apple Slices

17

**Teriyaki Chicken Bowl
Macaroni & Cheese
Ham & Cheese Sandwich
Steamed Brussel Sprouts**

Fresh Salad Bar Daily
featuring: Pineapple

18

**Waffles & Eggs
Fiestada Pizza
Yogurt Parfait
Tater Tots
Green Beans**

Fresh Salad Bar Daily
featuring: Fresh Broccoli
Strawberry Cup
Pears

19

**No School
Professional Development
Day**

22

**French Toast Sticks
Bosco Sticks
Toasted Cheese Sandwich
Roasted Potatoes
Mixed Veggies**

Fresh Salad Bar Daily
featuring: Fresh Baby Whole Carrots
Warm spiced Apples
Fresh Orange Wedges

23

**Popcorn Chicken
Taco Salad
Chicken Patty Sandwich
Green Beans
Tater Tots**

Fresh Salad Bar Daily
featuring: Fresh Tomatoes
Pears
Fresh Apple Slices

24

**Taco Triangles
Hot Dogs
Ham & Cheese Sandwich
Potato Smiles**

Fresh Salad Bar Daily
featuring: Three Bean Salad
Peaches
Fresh Orange Wedges

25

**Chicken & Cheese Quesadilla
French Bread Pizza
Yogurt Parfait
Steamed Broccoli**

Fresh Salad Bar Daily
featuring: Fresh Cucumber Slices
Pears
Fresh Apple Slices

26 PHS Homecoming

**Chicken Slider
Sausage Pizza
California Blend Veggies**

Fresh Salad Bar Daily
featuring: Celery Sticks
Blueberries & Pear Mix
Fresh Banana

29

**Chicken & Cheese Quesadilla
Toasted Cheese Sandwich
Roasted Potatoes
Mixed Veggies**

Fresh Salad Bar Daily
featuring: Fresh Baby Whole Carrots
Warm spiced Apples
Fresh Orange Wedges

30

**Mini Corn Dogs
Chicken Patty Sandwich
Roasted Potatoes
Mixed Veggies**

Fresh Salad Bar Daily
featuring: Fresh Baby Whole Carrots
Warm spiced Apples
Fresh Orange Wedges

31 Happy Halloween

Freaky Fingers (chicken strips)
Monster Mashed (potatoes)
Alien skittles (cold peas) & salad greens
FrankinFruit (mixed fruit)
Eyeball Soup (grapes& jello) & A Dirt Cup