Plymouth Elementary Schools
October 2018

Any questions about the Food Service program contact the office at 920-892-2661 ext 1650 Toni DeStefano RD, FS Director ext 1651 – Caren Johnson, District Chef

Skim, 1%, and skim chocolate milk offered daily

Menu subject to change
Home made items HOME MADE
Farm to School Product
V Item can be Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 **Mini Corn Dogs** HOME MADE Baked Beans V Salad Greens Baby Carrots Tropical Fruit Mix	2 **Cheeseburger** V Baked French Fries Cucumber Slices *Roasted Sprouts* Pears	3 HOME MADE **Soft Chicken Taco**V Seasoned brown rice Steamed corn Celery Peaches	4 **Chicken Strips** Mashed Potatoes Fresh Salad greens Cherry tomatoes Orange Wedges Mixed Fruit	5 HOME MADE **Hero Sub** Cup of soup Broccoli Fresh Salad Greens Pepper Strips Applesauce
8 **Chicken Nuggets** Steamed Broccoli Cucumber Slices Orange Wedges *Applesauce*	9 HOME MADE **Beef Nachos**V Refried Beans Brown Rice Baby Carrots *Apple Slices* Peaches	10 **Fish Sticks** Baked French Fries Corn Pepper Strips Pears Cookie	11 **Cheesy Breadstick Dippers** Green Beans Fresh Salad Greens Cherry Tomato Mixed Fruit ***Apple* Crunch Day!**	12 **Hot Dog, Hot Dog, Hot Diggity Dog** HOME MADE *Marinated Brussel Sprout Salad* Roasted Carrots Fresh Salad Greens Mandarin oranges
15 **Pizza Slice** Corn Fresh Broccoli & Cauliflower Fresh Orange Wedges	16 **Pancakes & Eggs** Potato Patty Pepper Strips Fresh Salad Greens Applesauce Orange juice	17 **Baked Chicken Leg & side of Mac N Cheese** Broccoli Fresh Salad Greens Cherry Tomatoes Pears Orange Wedges	18 HOME MADE **Hamburger** Baked Beans V *Steamed Brussel sprouts* Carrots Peaches Strawberries	19 NO SCHOOL
22 **Popcorn Chicken** Potato Patty HOME MADE *Fresh Cran Apple Spinach Salad* Fresh Veggies Fresh Sliced Apples Mixed Fruit	23 HOME MADE **Toasted Cheese & Tomato Soup** HOME MADE Mixed Veggies 3 Bean Salad Baby carrots *Applesauce*	24 HOME MADE **Beef Bites & Gravy Breadsticks** Brown rice Corn on the Cob Salad Greens Tomatoes Banana Fruit Slushie	25 HOME MADE **Cheese Pizza** Roasted veggies Salad greens Cucumber slices Pears Apple slices	26 **Chicken Slider** Steamed Broccoli Celery sticks & PB Blueberry & pear mix
29 **Mini Corn Dogs** Green Beans Fresh Spinach *Wi Cran Apple Salad* Peaches	30 HOME MADE **Ham & Cheese Pretzel Bun** V Roasted Broccoli Fresh Salad greens Cherry tomatoes Orange Wedges Applesauce	31 Happy Halloween **Freaky Fingers** (chicken strips) Monster Mashed (potatoes) Alien skittles (cold peas) & salad greens HOME MADE FrankinFruit (mixed fruit) Eyeball Soup (grapes& jello) & A Dirt Cup		

	Alternate 1	Alternate 2
HOME MADE	Monday: Cheesy Dog Roll-up	Toasted Cheese Sandwich HOME MADE
	Tuesday: Chicken Patty on a bun	Peanut Butter & Jelly Sandwich HOME MADE
	Wednesday: Cheesy Bread	Ham & Cheese Sandwich HOME MADE
HOME MADE	Thursday: Yogurt Parfait	Cheese & Cracker Snack pack HOME MADE
	Friday: Cheesy Bread	Salad & Hard cooked Egg HOME MADE

Parents / Guardians: Your student may qualify for a reduced or free price meal if your income falls within federal income chart limits. Visit the district website at www.plymouth.k12.wi.us

Lunch Prices (includes milk)
Regular $2.50
Reduced $.40
Additional milk $.35
Adult $3.70

Current Events

Harvest of the Month is Brussel Sprouts and Apples!

October is National Farm to School Month!

October 11th Apple Crunch Day! Apples for everyone today! Featuring local apples from Log Cabin Orchard!

USDA is an equal opportunity provider.