

# June 2018

## Breakfast Snack Menu

Paid Breakfast Price (includes Milk) \$ 1.65

(Reduced Breakfast is Free)

Snack Milk Only \$ .35

### Fitness Tip

Ways to Increase Physical Activity:

- Walk, skate, or cycle more.
- Do stretches, exercises, or pedal a stationary bike while watching TV.
- Play basketball, softball, or soccer.

Reference: USDA. MyPlate.gov. Internet: <http://www.myplate.gov>.



We Feature **Homemade (HM)** breads, muffins and our Chef's original breakfast Egg Snackers.

All muffins, crackers, and breads are 51% Whole Grain

Always Available: Raisins and Applesauce cups



*USDA is an equal opportunity provider*

<p><b>NO School Memorial Day</b></p> <p><b>MONDAY May 28</b></p>	<p><b>HM</b> Chocolate Chip Muffins Fresh Apple Slices</p> <p><b>TUESDAY May 29</b></p>	<p><b>HM</b> Blueberry Muffin Cheese Stick Fresh Grapes</p> <p><b>WEDNESDAY May 30</b></p>	<p>Warm Mini Cinnamon Pull Apart Banana</p> <p><b>THURSDAY May 31</b></p>	<p>HM Strawberry Yogurt Smoothies w/ cookie topping Mini Grahams</p> <p><b>FRIDAY JUNE 1</b></p>
<p><b>Mini Chocolate Chip Loaf</b> Fresh Apple Slices</p> <p><b>MONDAY JUNE 4</b></p>	<p>HM Breakfast Egg Snacker Goldfish Cheddar Crackers Fruit Cup</p> <p><b>TUESDAY JUNE 5</b></p>	<p>Cheese Stick Grahams – Disney Themed "Despicable Me" Fresh Grapes</p> <p><b>WEDNESDAY JUNE 6</b></p>	<p><b>HM Muffin</b> <b>Frozen Cherry Fruit Cup</b></p> <p><b>THURSDAY JUNE 7</b></p>	
<p><b>SUMMER SCHOOL BEGINS</b> <b>JUNE 18<sup>TH</sup></b> <b>CHECK OUT OUR SNACK CART</b> <b>DAILY 7:45 – NOON</b></p>				