



**Plymouth Comm Ed and Rec
Middle School Student
Fitness Permission Form**

Student name and grade: _____

Address: _____

Parent Name: _____

Emergency Phone: _____

Indicate if Home, Work or Cell

My son/daughter _____ has permission to work out in the Community Fitness Center in the Plymouth High School. I understand that my child will be completing a self directed work out. A supervisor is always present.

The Parent/Guardian assumes all responsibility in case of injury or harm to participant. The Plymouth School District, its employees or agents or any volunteers/ organizations associated with this activity will not be held responsible for any personal injury or loss that may occur in conjunction with this activity.

Signature of Parent/Guardian

Date

With parental consent 7th and 8th graders are welcome when the center is open. Younger students must be accompanied by an adult.