



Plymouth School Food Service

The Plymouth School District contributes to the general well being, mental and physical capacity and learning ability of students. The district supports wellness, good nutrition and regular physical activity as a part of the total learning environment. By support and promotion of good nutrition and physical activity, our schools contribute to the health of children. Improved health increases student performance potential.

Food Service at Plymouth schools supports these goals by offering the following: Made from scratch entrées, whole grain breads, low-fat entrees and side dishes, a variety of fresh and /or frozen fruits and vegetables, and low-fat milk. Every day we look forward to providing an educational opportunity by offering foods that will achieve better health for all our students.

Free and Reduced Price School Meals

Plymouth School District participates in the **National School Lunch Program (NSLP)**. The NSLP is a federally assisted meal program. It provides nutritionally balanced, low-cost or free lunches to children each school day. To learn more about how the program works, costs, and the nutritional requirements for NSLP please visit, <http://www.fns.usda.gov/sites/default/files/NSLPFactSheet.pdf>

Eligibility for free or reduced-price meals is determined by your household size and income levels. More information is available on the district website.



Food Service Department
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(920)-892-2661

Toni DeStefano RD, Foodservice Director
ext 1650 destefano@plymouth.k12.wi.us

Caren Johnson, District Chef
ext 1651 cjohnson@plymouth.k12.wi.us

LUNCH PRICES:

For planning and convenience, account holders may add to their balance at any time.

Elementary \$2.40 daily

180 service days = \$432 per school year

Middle School \$2.90 daily

180 service days = \$522 per school year

High School \$2.95 daily

Adult \$3.60

Milk only \$0.35

Breakfast snack \$1.65 (Parkview & Fairview)

HS Breakfast *NEW* \$2.20 daily, adult \$2.80

How does the account work?

The School District of Plymouth has a computerized lunch program. This program allows parents to send one check to pay for all of their students' breakfast, lunch or ala carte purchases at all of the Districts schools. This debit program is family based, not individual accounts.

Your family balance is updated and visible for you to check daily through Skyward Family Access.

Money in the form of cash or check may be deposited in debit accounts by mail, or by dropping off in any school office. No receipts will be issued. Checks should be made payable to :Plymouth Food Service

What is offered in my child's lunch each day?

A School Lunch consists of 5 Food Groups. You can select all 5 food Groups for Lunch OR, at the minimum Students must select 3 of the 5 Food Groups ***One of the Food Groups must be Fruit or Vegetable**

Fluid Milk Grains/Breads Protein Fruit Vegetable

**Main Entrees usually consist of 2 groups, a protein and grain*

How many Entrée choices does my child have each day?

- Elementary choices consist of a main entrée, and 2 alternate entrées daily.
- Riverview has 2 choices of hot, & 1 cold main entrée daily plus ala carte options
- PHS has at least 3 choices of main entrée daily plus ala carte options.

What is considered ala carte? And how much is it?

All Ala Carte items meets the new Smart Snack Regulations and follow our districts Health and Wellness Policy.

<i>Bagged Snacks</i>	<i>\$.75-\$1.20</i>
<i>Additional Entrée</i>	<i>\$ 2.65</i>
<i>Bottled Beverages</i>	<i>\$1.00-\$1.75</i>
<i>Healthy Cookies (Whole grain)</i>	<i>\$.75</i>
<i>Yogurt Parfaits</i>	<i>\$1.60</i>
<i>Frozen yogurt</i>	<i>\$1.50</i>
<i>Milk Only</i>	<i>\$.35</i>

Ala Carte and full breakfast also available at PHS

What if my child has a negative balance, will they be denied lunch?

It is every families responsibility to carry a positive balance, which can be found on **Skyward Family Access**. As a courtesy, when your account drops into the negative local phone numbers will receive an automated telephone message, issued weekly until the balance is positive. At the elementary level, students do not pass through a computerized system so balances are unknown to the workers and no child will be denied lunch as the workers do not have access to current balances.

Middle and High school students may be denied ala carte items if they are negative. In rare occasions at the middle and high school level if the balance is deeply negative a student may be denied lunch until the balance is positive. Our staff is trained to be discrete in this situation the best they can as to not embarrass the student. Families are encouraged to contact food services if they need assistance with this.

This all sounds great, can I join the children for lunch?

Absolutely! We'd love to have you. Parents, grandparents, and other school visitors are invited and encouraged to join their students for lunch. Please let your school secretary know if you will be joining us for lunch. The guest lunch price is \$3.60, and the office should be notified upon your arrival. Elementary visitors can be assured you will receive "adult" size portions.

How and where do I apply for Free or Reduced?

Applications are available in all of the Schools offices and need to be completed every year. Once you qualify your benefit is good for the entire school year but you are subject to an audit of the application.

Families who have students eligible for participation in the federal free or reduced lunch program should contact Jon J. Miller at 892-2661 ext. 1001 with any questions in regard to their application. Students eligible for free and reduced-priced lunches will use the same debit system as other students to keep your payment status confidential. Strict confidentiality is assured.

Catering services also available for classroom parties and birthdays. Please see the district website for more information.

Where can I find the lunch menus?

The Lunch Menu is posted monthly on the district website, and elementary schools will send home or have hard copies available in the school office.